

Nubia Segundo Flores

 Taekwondo athlete with sports and professional training at IPN

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International taekwondo judge, mother, wife, and lover of Mexican history, culture, dance, music, and literature, Nubia Elizabeth Segundo Flores is considered one of the 30 best referees in the world in the combat and form modalities of this Olympic sport.

Proudly Politécnica since high school, she studied Technical Administration at the Centro de Estudios Científicos y Tecnológicos (CECyT) 13 "Ricardo Flores Magón" and later earned a Bachelor's Degree in Commercial Relations at the Escuela Superior de Comercio y Administración (ESCA), Tepepan Unit.





and white colors while meeting all her commitments and responsibilities.

After finishing her degree, Segundo Flores began working at Petróleos Mexicanos (Pemex), and during her certification process coincided with the then sports activities coordinator of CECyT 13, who encouraged her to continue as a teacher in the sport she loves. Therefore, since 2003 she has been head of the discipline at the high school, a task she does not consider a job but a passion, as she enjoys teaching young people.

Her commitment to taekwondo led her to obtain international certification as a judge-referee and to update her knowledge of the regulations to apply them correctly.

During this process, she met her now husband, arbitration master Jorge Reynoso Cruz, who is the technical director of the Mexican Taekwondo Federation (FMTKD), recognized worldwide in the specialty, and who encouraged her to enter this field, in which she has obtained countless certifications that have allowed her to participate in state, national, and international tournaments in countries such as



As a result of her dedication, she was selected as one of the top 30 referee-judges in the specialty.

Since childhood, she was enthusiastic about sports such as basketball, volleyball, and tennis, but it was during high school that she had her first encounter with taekwondo. At that time, she met Professor José Héctor Cárdenas Hernández (also trained at IPN), who became her mentor in this discipline.

Taekwondo (formerly known as Korean karate) is a Korean word meaning "tae" foot or stomp; "kwon" fist or fight; and "do" path or discipline.

This is precisely what Nubia Segundo applies in her personal and professional life: respect and discipline.

Attracted by Eastern culture and philosophy, whose guiding principles are based mainly on respect, the taekwondo judge guides her behavior accordingly and passes these values to her students as head teacher of this sport at CECyT 13, where she began her professional and sports career 30 years ago.

The path to success for this outstanding Politécnica was not easy, since alongside her high school and university studies, she participated in state and regional competitions representing the cherry red



Nubia Segundo Flores, taekwondo player with judge-referee degree

France, Bulgaria, Costa Rica, and Brazil, among others.

Some of her achievements include the National Sports Award 2016 in the judge-referee modality, the highest recognition granted by the Presidency of the Republic to outstanding athletes. Internationally, she stood out in the same year for her participation as an official referee at the Rio de Janeiro Olympic Games, in Brazil.

In 2013, her effort was recognized when she was awarded Best Referee at the Taekwondo World Championship, and she was also invited to participate in the Youth Olympic Games in Nanjing, China, in 2014.

As a result of her dedication, the World Taekwondo Federation invited Master Segundo Flores to participate in the selection process to join the referee panel for the 2024 Paralympic Games in France, where more than 200 referees from around the world were summoned, and after various evaluation tests, she was selected as part of the 30 best judges-referees in the specialty who would be present at the world's most important sporting event.



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The outstanding sportswoman **Nubia Segundo** is recognized worldwide in the specialty of taekwondo.

In that edition, she served as judge-referee at the Paris 2024 Paralympic Games in the Kyorugi categories, an activity that requires greater preparation to preserve the integrity of athletes with disabilities.

The taekwondo athlete described this experience as extraordinary: "Competitors with different abilities are very enthusiastic, they know no limits, and they are athletes who respect each other."

For this outstanding athlete, it is a source of pride to be among the best 30 judges-referees in the world because it is the result of effort, work, and perseverance over more than three decades in this discipline. Segundo Flores considered that she has had complete cycles professionally with three Olympic Games at the arbitration level, and for now, she is not thinking about the Los Angeles 2028 Olympic Games because she wants to dedicate time to her family, mainly to enjoy her daughter.

"Taekwondo will always be my life and passion, but also my family, and as long as I can teach this discipline to young people, I will continue working on it."

