

*Mariel Martínez Damián*

*"I am a Politécnica for the love of my freedom".*

Felisa Guzmán

With an artistic soul and a rebellious personality, Mariel Martínez Damián considers herself a free woman thanks to the transforming experiences that the Politécnico has given her since she entered the Centro de Estudios Científicos y Tecnológicos (CECyT) 6 "Miguel Othón de Mendizábal", an environment where her sensitivity towards science and poetry emerged, disciplines that complement her in the personal, professional and work spheres.

The curiosity for the natural environment and the desire to write down her emotions from this approach coexisted since her childhood and became concrete in her vocational choice for the careers of Biology and Hispanic Literature, both in which Mariel has achieved multiple satisfactions, such as the Distinction to the Polytechnic Merit and the Diploma to Culture.

Coordinator of the literary workshops at the Dirección de Difusión Cultural and student of the Master's Degree in Chemical Biological Sciences at the Escuela Nacional de Ciencias Biológicas, she believes that tenacity, strength, and generosity are values that distinguish polytechnics and make them successful people.

"I am proud to be a polytechnic because the Institute helped me to be disciplined, to educate my thoughts, and to direct my ideas and work towards a particular goal. In addition, I owe my academic preparation to it 100 percent and the opportunity to give back from the humanistic field to the integral formation of young people."

Mariel M. Damián (as she signs her poems) recalls that when she heard the ¡huéllum! on her first day of class in the polytechnic classrooms, she felt her heart vibrate with emotion, like an omen of how happy she would be in the institution. "I studied high school, undergraduate and graduate studies, and I work in an activity that I am passionate about, so I am totally convinced that this premonition came true".

The author of the poem "Mujer Científica" (Scientific Woman), which expresses her poetic perception of science, urged students to approach literature "because books are transformative and can change lives completely. Some texts become companions to forge a solid criterion of the social context in which we live.

POLITÉCNICAS DE *CORAZÓN*

